



CLASSES WILL BE HELD ON

MONDAY 5pm-6pm  
WEDNESDAY 5pm-6pm  
FRIDAY 5pm-6pm  
SATURDAY 12:00pm-1:00pm

BEGINNING

MONDAY AUGUST 24TH

REGISTRATION FOR  
CLASSES & FREE  
INTRODUCTORY CLASS

**MONDAY AUGUST  
17TH**

REGISTRATION TIME: 4:30-5:00

INTRO CLASS: 5:00-6:00

AGES: 13-ADULT

Sensei Ben Chambers

# NISHI RYU JIU-JITSU ACADEMY

## LOCATION

PEDONE'S  
HEAVY HITTERS  
825 Main Street  
Stroudsburg, PA  
BEHIND  
FLOORING  
AMERICA

For information  
Call Sensei @  
570-575-7895